

Prayer for Breaking Conflict and Restoring Relationship

Set aside 30 minutes to speak these words to your heavenly Father together or individually. Speak them slowly and contemplatively, making them your own. Pause as necessary and listen for the Holy Spirit who directs and empowers our prayers.

Dear Heavenly Father we come into your presence through the precious blood of Jesus Christ to appeal to you for the breaking of strongholds and the complete restoration of our marriage. We come worshiping and adoring you as our King, Creator, Savior and wonderful Counselor. We acknowledge that marriage was your idea to magnify your love, faithfulness and provision to us and to the world. We trust that the more magnified you are in our marriage relationship, the more peace and joy we will have.

Our God and Savior, we humble ourselves under Your mighty hand, that you might lift us up. We confess our pride and self centeredness, for your word teaches that pride breeds quarrels and that conflict is the fruit of selfishness. Further Lord we confess that we have withheld blessing from one another because of the stubbornness of our hearts. We have added to the pain by allowing critical, judgmental and sinful thoughts to rule in our minds against one another rather than taking our thoughts captive in and by the truth and love of Jesus Christ. At times we have acted as if we are enemies rather than friends, lovers and partners for life. We have betrayed one another by refusing to love, honor, and respect each other as we promised to do before You, our friends and our families. Finally Lord, we have allowed the enemy of our souls to have access to our lives through our sinful and unrepentant ways. Therefore we stand firm in the authority you have given us through faith in the perfect work and authority of Jesus Christ for the forgiveness of our sins and we command the enemy to leave. We renounce any ongoing sinful attitudes and behaviors that have led to the creation of enemy strongholds in our lives. We trust Your word Oh Lord that says, "if we confess our sins You are faithful and just and will forgive us of our sins and cleanse us from all unrighteousness."

We entreat You Wonderful Counselor to help us see the error of our own ways. Teach us to take total responsibility for our own words, actions, feelings and attitudes. Please dear Lord, create in us a new heart, a clean heart and renew a right and cooperative and steadfast Spirit within us. Grant us the fruit of humility that we might honor, respect, and esteem each other higher than ourselves. Give us an attitude of service that we might put love into action towards each other even as we desire to be loved. Help us to enjoy and even adore each other in the human sense that you might be all the more magnified in our marriage. Teach us oh Holy Spirit to communicate with words that encourage and build up the other. Because of the cross of Christ, You have not held our sin against us, and have not treated us as we have deserved. Therefore Lord we ask for this same attitude that is in Christ to be in us – we choose not to hold unforgiveness against each other and to give grace – that undeserved favor – freely towards one another. Please make us ever mindful that our marital struggles are not against each other, but ultimately are against the enemy of our souls – Teach us to join forces against them and to stand firm in your mighty power whenever we feel or see the influences of sin and spiritual warfare in our lives. Let us be filled with Your Holy Spirit so that we may walk in Your paths of righteousness every moment of every day.

We thank you most gracious Father for being attentive to our cries. We are eternally grateful that you have heard us and will grant us that which you have promised: to see us through our trials with an increased measure of joy, faith, endurance, patience and most of all a more intimate relationship with You. We thank You that You have poured out your love into our hearts by the Holy Spirit and therefore we have a never ending fountain of love to lavish on each other. We thank you that you did not leave us as orphans to work out our problems by ourselves, but you gave us your Holy Spirit to guide us into all truth. Our hearts are filled with gratitude for sending Your Son

Jesus to give sight to our blind eyes, to save us from the penalty of our sin, to raise us up from the dead, to purchase our freedom, to heal our broken hearts and to fill us with His joy in abundance. And finally Lord we thank you for promising to never leave us nor forsake us – Your faithfulness reaches to the skies. Heavenly Father, we lean our entire personality including our mind, will, and emotions on You in absolute trust in and dependence upon Your goodness, mercy, grace, faithfulness and love. We submit ourselves to the will and ways of the only Wise God. To You be the glory forever. Amen